

BEST PRACTICES AND ONE AREA DISTINCTIVENESS (2018-19)

Best Practice 1: To impart awareness regarding health and environment to students.

Objective: To make the students physically and mentally fit and to create a healthy environment in the college and society.

Evidence of success: Students got health awareness and they contributed in making the environment clean and green.

Various activities related to health and environment.

1. Keeping in mind the problem of pollution, trees were planted in the college by Department of Punjabi in the season of Monsoon on 19 August 2018.
2. 3d Project 'Training India Green Services' to prepare Manure from the waste was completed with the support of the staff of DC office Mansa ...
3. Dr. Supandeep Kaur performed as key note speaker during 10 days N.S.S camp held at Gurukul Public School, Ubbha on 24 Feb, 2019 and told the Students about the Importance of N.S.S and Personality Development.
4. Various activities on The Issue of De-addiction organised by the college on the Martyr Day of Shaheed Bhagat Singh on 23 March, 2019.
5. A lecture on Nutrition and Health was organised on World Health Day by Sh. Harbans Lal B.E.E on 09 April, 2019.
6. A lecture on Nutrition Awareness was delivered by Sh. Sukhwinder Singh (District Mass Media Officer) and Shri Harbans Lal (Block Media Officer) on 15 November 2018.
7. A lecture on Food, Nutrition and Health Issues related especially to female health was delivered by Dr. Sunil, Civil Hospital Mansa on 10.9.2019.
8. A Cleanliness Campaign was carried out from 2nd October to 15th October 2018. 60 students and the staff of the college participated in it.
9. The college staff and students took the pledge to celebrate Pollution Free Diwali in collaboration with Nehru Yuva Kendra and Youth Services Department on 31 October 2018. About 150 students and the colleges staff attended this program.
10. A Buddy Training Program was organised in the college on 01.11.2018. Prof. Ravinder Singh, Master trainer cum District Nodal Officer colleges delivered a lecture on the formation of Buddy Groups and various activities to be organised under it.
11. A Three Days Workshop Beti Bachao Beti Padhao and Nutrition related to Gender Equity was organised in collaboration with District Administration from 20-22 March 2019. Savi Goyal was the key note speaker.
12. A Tribalone Event was conducted under healthy Punjab mission by district administration on 27-7-2018. NSS volunteer also participated in it.
13. Prof. Ravinder Singh got the training as master trainer in the Buddy Programme being run by Punjab Govt. from 7-8-2018 to 8-8-2018 at two days workshop at Chandigarh. Afterward he successfully started the programme in the college and district.

14. Under the leadership of District Nodal officer Prof. Ravinder Singh, Rallies were organized in various villages of Mansa District to make the farmers aware about the harmful aspects of stubble burning on 17-10-2018.
15. College and its surroundings were cleaned by NSS department to celebrate Swachhata Pakhwara.
16. 76 students got registered in the Swachh Summer Internship Programme of Govt. of India under the leadership of District Nodal officer Prof. Ravinder Singh. Our students Sarbjeet kaur, Sukhpreet Kaur, Sukhmander Singh and Ritu Kaur got the First, second and Third Position respectively.
17. Youth Empowerment Day was celebrated on 23.03.2019.
18. NSS Programme officer Prof. Ravinder Singh was invited as the special Guest at the end of seven days NSS camp held at SD Kaneya Mahavideala, Mansa. He motivated the volunteers to work for social welfare on 27.03.2019.
19. A seminar was conducted by the NSS department on 27.03.2019. Assistant civil surgon Surinder Singh, Harbans Lal and Sukhwinder Singh told the students about the side effects of Drugs and mental and Physical Problems.
20. NSS deparment organized a seminar on Personality Development on 28.03.2019. Shr. Ashok Sadiora was the keynote Speaker.
21. One Day NSS Camp was organized by the Programme officer Unit-I (Prof. Ravinder Singh) Unit-II (Kuldeep Singh) on 29.03.2019.
22. Poshan Pandarwara was celebrated in the month of March.

Best Practice 2: Inculcation of Cultural, Literary and Intellectual qualities in students.

Objective: To polish and enrich the cultural side of students for their all round development.

Evidence of success: Students got familiar with their cultural and literary heritage and got the creative talent.

Cultural, Literary and Intellectual Activities for all round development of students.

1. Essay Writing Competition for students was conducted on the topic Historical Heroes of the Sikh History by the Dept. of History on 04 Oct, 2018.
2. National Workshop on IT was conducted on 28 Oct, 2018.
3. National Integration Day dedicated to Vallab Bhai Patel was celebrated on 31 Oct, 2018.
4. A presentation from the side of students was held on the topic Economic Theories and Development by Dept. of Economics on Oct, 2018.
5. A seminar was organised on the topic Declaration by Queen Victoria in 1858 by Dept. of History on 20 Nov, 2018.
6. Students participated in the competition related to National Youth Parliament 2019. Monty, a Student of B.Com 2nd Year got the first Position at Block Level and 4th position at District Level at Bathinda on 24 Jan, 2019.
7. Students Participated in MATHON-19 Quiz Competition held at Akal University Talwandi Sabo under the supervision of Dept. of Mathematics on 14 Feb, 2019.

8. Caption Balvir Singh, an old student of the college, delivered a Lecture to the students regarding the terms, conditions and various competitions meant for joining Army on 19 Feb, 2019.
9. A lecture on The Importance of Mother Tongue by a Prominent Story Writer Sh. Darshan Joga was organised by Dept. of Punjabi on 22 Feb, 2019.
10. Students participated in Debate Competition held at Akal University Talwandi Sabo on 27 Feb, 2019 under the supervision of Mathematics Dept.
11. Students participated in Quiz Competition and Speech Competition organised by Math Tech. 2019 at Baba Farid college, Bathinda on 12, March 2019.
12. An Essay Writing competition on the topic Success of Turks in India was organised by the Dept. of History on 28 Feb, 2019.
13. An Essay Writing competition on the topic Guru Nanak Dev Ji: A reformer or a Revolutionary was organised by the Dept. of History on 02-03-2019.
14. A seminar on was organised by the Dept. of History on the occasion of International Women Day on 08-03-2019.
15. A seminar on Women Empowerment was organised by the Dept. of History on 11-03-2019.
16. The Punjabi department of the college organised a tour of students of MA class to The Book Fair and Interactive Program held at Punjabi University Patiala on 25 February 2019. 35 students and 2 teachers became the part of this tour.
17. A seminar on Shaheed Baghat Singh was organised on 28.09.2018. Professor Kuldeep Chouhan, Department of Punjabi was the key speaker. 100 students attended the program.
18. An extention lecture on Dr. Ajmer Singh Aulakh: An Advocate of Law Peasantry was delivered by Dr. Satnam Singh Jassal, Dean Guru Kashi University, Talwandi Sabo 19 August,2018. 80 students and the staff members of the Punjabi department attended this program.
19. On The 150th Birth Anniversary of the National Father Sh. Mahatma Gandhi, a lecture was delivered by Dr. Ravinder Singh, NSS officer to make the students aware of the life and greatness of Mahatma Gandhi on 2 Oct, 2018.
20. The college students participated in the Zonal Youth Festival held at The Royal College of Borrawal Mansa from 10th -13th October 2018. 24 Students (17 boys + 7 girls) participated in various activities. Street Play got the second position.
21. The team of street play participated in the Inter Zonal Competition held at Punjabi University Patiala on 2nd November 2018.
22. A webinar on Hindi Bhasha ka Mahatav was organised by the Hindi department on 23.02.2019. Dr. Kiran was the key note speaker.
23. The Punjabi department of the college organised a one day Educational Tour of MA 1 and MA 2 students to Shri Anandpur Sahib and Chandigarh on February 2019. About 50 students and professors of Punjabi department became the part of this tour.
24. A Rally was organized and carried out by the NSS Volunteer under the mission Beti Padhao and Beti Bachao on 30.01.2019.
25. Youth Empowerment Day was celebrated on 23.03.2019.

26. An Awareness Rally was carried out by the NSS department to commemorate the incident of Jalian Wala Bagh on 12.4.2019.
27. An awareness Rally to make the voters aware of their vote was carried out by the NSS department under the SVEEP mission.

ONE AREA DISTINCTIVENESS

Effective Teaching Learning: The college is the only co-education government institute of the district. As it lies in the semi-urban area, most of the students come from rural background. To make the teaching-learning effective, specific strategic measures have been followed during the session. Consequently, the results of all classes are extremely good and the pass percentage of the students of the college is much higher than the university pass percentage. As a very big stadium is situated in the college and the subject of physical education is being taught here, the students actively participate in sports activities at zonal, district, state, University and inter university level. Extension lectures, seminars and Ru-bru programs are organised by the college to add to the knowledge of students. To make the students socially committed, plays and street plays, cleanliness camps, and rallies regarding stubble burning are organised by the college. Various commemorative days and festivals are celebrated in the college to make the students familiar with their heritage. Students are motivated to keep the environment green and clean. Many students of the college clear competitive exams. Thus, the institute tries its best to impart quality education to the students accounting for their holistic development.

Strategic measures adopted during the session to make teaching-learning effective:

- Academic Calendar
- Freedom to the students for choosing Elective Courses
- A well planned teaching time table
- Proper division of section
- Regular teaching classes
- Division of the course content into parts made by the teacher
- Timely completion of the syllabi
- Focus on clearing the concepts
- Effective and healthy communication while teaching
- Proper interaction with the students
- Use of effective teaching methods like the Direct Method, Grammar-Translation method, Group-Discussion, Presentations etc.
- Use of various teaching aids like blackboard, white-board, smart-board, projects, pictures, maps, paintings, globe etc.
- Tutorial Groups and Remedial Classes (As per need)
- Periodic tests, class tests, MSTs assignments etc.
- Lectures/seminars/workshops/extension lectures
- Departmental library/Book Bank
- Help to needy students through OSA Book Bank
- Field study internship and ICT enabled teaching
- Establishment of Grievance Cell to tackle with any grievances from students or teachers

- Availability of career counselling cell to guide students about their future plans and avenues
- Participation of students in various functions like Youth Festivals, Athletic Meet, Cultural and Literary activities
- Participation of students in Quiz competition


Principal
Nehru Memorial Govt. College
Mansa