

## **BEST PRACTICES AND ONE AREA DISTINCTIVENESS (2019-20)**

**Best Practice 1:** To impart awareness regarding health and environment to students.

**Objective:** To make the students physically and mentally fit and to create a healthy environment in the college and society.

**Evidence of success:** Students got health awareness and they contributed in making the environment clean and green.

### **Various activities related to health and environment.**

1. A lecture on Food, Nutrition and Health Issues related especially to female health was delivered by Dr. Sunil, Civil Hospital Mansa on 10.9.2019.
2. A Street Play on The Social Issues (Drugs, Environment etc.) organised by Punjabi department was played by the Dastak Art Group to commemorate the memory of prof. Ajmer Singh Aulakh on 19.08.2019. 300 students and 15 teteacher attended this program.
3. A Tree Plantation Program organised by the Punjabi department was carried out by the artists, students and members of family of Dr. Ajmer Singh Aulakh, a prominent playwright on his birthday.
4. Tree Plantation Program dedicated to the 550<sup>th</sup> Parkash Purab of Sh. Guru Nanak Dev Ji during the mission Plant More Trees started from 01.07.2019-30.07.2019 was carried out by the unit of NSS.
5. NSS Department adopted to clean the slum area of Thootthian Wali road during 2019-20.
6. NSS Programme officer Unit-I Prof. Ravinder Singh was honoured by the District Administration for his valuable services on 15.08.2019.
7. NSS Programme officers Prof. Ravinder Singh and Prof. Kuldeep Singh attended the training workshop regarding the Environment and Stubble Burning conducted by Punjabi University Patiala on 05.09.2019.
8. Gandhi Jayanti was celebrated by the college by collecting the plastic from the public places, houses and shops of the local area under the leadership of Prof. Ravinder Singh and Prof. Kuldeep Singh on 02.10.2019.
9. Awareness Rallies about no Stubble Burning were carried out in the villages of District by the NSS department on 04.10.2019.
10. NSS Department of the college adopted the village Mansa Khurd, Ubha, Khokar Kallan, Thootthian Wali and Malakpur Khiala under the Prosperous Mission.
11. One Day Cleanliness Camp was organised on 08.11.2019 by NSS Department.

12. A Poster Making competition was conducted on the mission Get Well Soon Without Antibiotics on 20.11.2019.
13. The College staff got the covid training and the online certificates.
14. National Voter Day was celebrated on 25.01.2020.
15. College contributed valuable services to the society during the Corona Pandemic. NSS volunteers delivered masks and sanitizers from door to door in various areas of the city.
16. A National Conference on 'Emerging issues in India' was organised by the college on 25.04 2017 and various Research papers were edited and compiled in the form of book during 2019 and the Book was released by the Education Minister Sh. Tripat Singh Bajwa, Ministry Higher Education and Rural Development and Panchayats on 25.09.2019.

**Best Practice 2:** Inculcation of Cultural, Literary and Intellectual qualities in students.

Objective: To polish and enrich the cultural side of students for their all round development.

**Evidence of success:** Students got familiar with their cultural and literary heritage and got the creative talent.

### **Cultural, Literary and Intellectual Activities for all round development of students.**

1. 'Basant Mela' was organised by the Saabhyacharak Chetna Manch Mansa (Rgtd.) with the support of the college on 01.02.2020. The brilliant talented and outstanding daughters of the society were honoured on this occasion. 300 students and the college staff were present in the program.
2. A Street Play on The Social Issues (Drugs, Environment etc.) organised by Punjabi department was played by the Dastak Art Group to commemorate the memory of prof. Ajmer Singh Aulakh on 19.08.2019. 300 students and 15 teteacher attended this program.
3. 56 students of the college were trained to participate in the Zonal Youth Festival held at Mata Sundri University Girls College from 10<sup>th</sup>-13<sup>th</sup> 2019. Tokri and Pitthu got the first position. Peehri, Street Play and Bhangra got the second position.
4. The Bhangra team of the college presented bhangra on the celebration of 20<sup>th</sup> anniversary of Ajit Sub-Office Mansa on 22.10.2019. Two professors and 15 students attended this program.
5. The victorious Pitthu team of Zonal Youth Festival further participated in the Inter-Zonal Youth Festival held at Punjabi University Patiala on 13.11.2019 and got the second position. Two teachers along with the team of 15 students were present in the program.

6. A Street Play on Save Electricity was played by the Electricity department of Government of India in collaboration with the college on 22.07.2019. 50 students and 15 teachers attended this program.
7. A lecture on Mahatma Gandhi: Philosophy and Ideals was organised by the Youth Welfare Club and Cultural committee of the college on 30.09.2019. Dr. P. K. Sood was the key speaker. 60 students and 05 teachers attended the program.
8. Dr. Supandeep Kaur rendered her services as resource person during NSS Camp held at Bhai Behallon Khalsa Girls College Phaphre Bhaike on 23.12.2019.
9. Dr. Supandeep Kaur rendered her services as a judge of Folk dances in the Youth Festival of Guru Kashi University Talwandi Sabo on 06.03.2020.
10. A Poetry book 'Injh Vi Ho Sakdai' by Prof. Seema Jindal got published during the session 2019
11. A Seminar was conducted by the NSS unit-1 on Free Legal Services on 29.10.2019. Advocate Rajinder Paul Kaur Dhillon and Davinder Kaur delivered a lecture on the same.
12. Birthday of Ballab Bhai Patel was celebrated by NSS Department on 31.10.2019.
13. One Day Cleanliness Camp was organised on 08.11.2019 by NSS Department.
14. A Poster Making competition was conducted on the mission Get Well Soon Without Antibiotics on 20.11.2019.
15. Constitution Day was celebrated on 26.11.2019.
16. Flag Day was celebrated on 07.12.2019.
17. National Voter Day was celebrated on 25.01.2020.
18. A National Conference on 'Emerging issues in India' was organised by the college on 25.04 2017 and various Research papers were edited and compiled in the form of book during 2019 and the Book was released by the Education Minister Sh. Tripat Singh Bajwa, Ministry Higher Education and Rural Development and Panchayats on 25.09.2019.
19. 'Hindi Language Day' was celebrated by Hindi Dept. Of the college on 25 Sep,2019.
20. Oath Ceremony was carried out on 'National Unity and Safety' on 31 Oct, 2019.
21. A seminar was organised by the Dept. Of Hindi on the occasion of Hindi Divas on 14-09-2019.

## **ONE DISTINCTIVE AREA**

**Effective Teaching Learning:** The college is the only co-education government institute of the district. As it lies in the semi-urban area, most of the students come from rural background. To make the teaching-learning effective, specific strategic measures have been followed during the session. Consequently, the results of all classes are extremely good and the pass percentage of the students of the college is much higher than the university pass percentage. As a very big stadium is situated in the college and the subject of physical education is being taught here, the students actively participate in sports activities at zonal, district, state, University and inter university level. Extension lectures,

seminars and Ru-bru programs are organised by the college to add to the knowledge of students. To make the students socially committed, plays and street plays, cleanliness camps, and rallies regarding stubble burning are organised by the college. Various commemorative days and festivals are celebrated in the college to make the students familiar with their heritage. Students are motivated to keep the environment green and clean. Many students of the college clear competitive exams. Thus, the institute tries its best to impart quality education to the students accounting for their holistic development.

**Strategic measures adopted during the session to make teaching-learning effective:**

- Academic Calendar
- Freedom to the students for choosing Elective Courses
- A well planned teaching time table
- Proper division of section
- Regular teaching classes
- Division of the course content into parts made by the teacher
- Timely completion of the syllabi
- Focus on clearing the concepts
- Effective and healthy communication while teaching
- Proper interaction with the students
- Use of effective teaching methods like the Direct Method, Grammar-Translation method, Group-Discussion, Presentations etc.
- Use of various teaching aids like blackboard, white-board, smart-board, projects, pictures, maps, paintings, globe etc.
- Tutorial Groups and Remedial Classes (As per need)
- Periodic tests, class tests, MSTs assignments etc.
- Lectures/seminars/workshops/extension lectures
- Departmental library/Book Bank
- Help to needy students through OSA Book Bank
- Field study internship and ICT enabled teaching
- Establishment of Grievance Cell to tackle with any grievances from students or teachers
- Availability of career counselling cell to guide students about their future plans and avenues
- Participation of students in various functions like Youth Festivals, Athletic Meet, Cultural and Literary activities
- Participation of students in Quiz competition